

October 2022

Menu

Monday

Tuesday

Wednesday

Thursday

Friday

AM Snack	Graham crackers & milk 3	Animal crackers & milk 4	Cereal & milk 5	Bananas & milk 6	Granola Bar & milk 7
Lunch	All beef hot dog on a roll, baked beans, applesauce, & milk	Grilled cheese on whole wheat bread, tomato soup, pineapples, & milk	Peanut butter and jelly sandwich on whole wheat bread, corn, applesauce, & milk	Mac n' cheese, green beans, peaches, & milk	Nachos all beef taco meat & cheddar cheese, corn chips, salsa & sour cream, corn, pineapple, & milk
PM Snack	Pretzels	Goldfish	Veggie Straws	Nilla Wafers	Cheese& Crackers
AM Snack	Animal crackers & milk 10	Graham Crackers & mil 11	Bananas & Milk 12	Cereal & milk 13	Nutri-Grain bar & milk 14
Lunch	Potato & cheddar pierogies w/ sour cream, ham, peas, applesauce, & milk	Chicken salad on whole wheat bread, tater tots, peaches, & milk	All beef meatball sandwich on roll, green beans, applesauce, & milk	French bread pizza w/ pepperoni on side, corn, pineapples, & milk	Ham & cheese on whole wheat, green beans, apple sauce, & milk
PM Snack	Chex Mix	Chez it's	Corn Chips & Salsa	PB Crackers	Yogurt
AM Snack	Graham crackers & milk 17	Animal crackers & milk 18	Cereal & milk 19	Bananas & Milk 20	Granola Bar & Milk 21
Lunch	Pasta with butter & parmesan cheese, tomato sauce on side, corn, applesauce, & milk	Grilled cheese on whole wheat bread, tomato soup, peaches , & milk	Hot turkey sandwich on whole wheat, mashed potatoes, applesauce & milk	Scrambled eggs, whole wheat bread, hash browns, mandarin oranges, & milk	All beef Sloppy Joe on a bun, corn, pineapple, & milk
PM Snack	Pretzels	Goldfish	Veggie straws	Pirate's Booty	Cheese & Crackers
AM Snack	Animal crackers & milk 24	Graham Crackers & milk 25	Bananas & milk 26	Cereal & milk 27	Nutri grain Bars & milk 28
Lunch	Four cheese ravioli w/ tomato sauce, corn, applesauce, & milk	Tuna salad on whole wheat, tater tots, pineapples, & milk	Chicken nuggets w/BBQ Sauce, corn, applesauce, & milk	Bologna & Cheese on whole wheat, green beans & peaches & milk	Fish sticks w/Ketchup, corn, applesauce, & milk
PM Snack	Chex mix	Chez it's	PB Crackers	Yogurt	Halloween Party
AM Snack	Graham crackers & milk 31				
Lunch	Pumpkin Pancakes All beef sausage, mandarin oranges, syrup, & milk				
PM Snack	Pretzels				